COMMUNITY HEALTH PROJECT COURSE: INTRODUCTION TO HEALTH PLAN & MANAGEMENT (MHM 529)

“AWARENESS HOW TO MANAGE DEPRESSION IN BURN VICTIMS”

GROUP # 3

GROUP MEMBERS

Mehvish Fazal
Nousheen Sarwar
Saadia Ishaq
OBJECTIVE

- AWARENESS HOW TO MANAGE DEPRESSION & LIVE HEALTHY LIFESTYLE TO WOMEN SUFFERED FROM BURN & BE A PART OF THEIR SMILES
Reasons

• Accidents
• Psychiatric Conditions
• Strong acid or base

Consequences

• Blindness
• Scarring of the face and body
• Along with far-reaching social, psychological, and economic difficulties.
• Targeted Audience is from Smile Again Foundation.
**Plan For Execution**

**Step: 1 Planning**
- Target Audience
  - How to approach target audience
- Burn victims in Rehabilitation Centre
  - Arrange meeting with owner of Rehab centre
  - Approval of project
  - Resources Identification
  - Costing
  - Time Management of project
  - Transportation

**Step: 2 Preparation**
- Arrangement of resources
  - Clinical Psychologist, Material
  - Utilization of resources
    - (Designing activities, Presentation, Charts)
  - Reminder to owner of Rehab Centre

**Step: 3 Executions**
- Arrival
  - Introduction
  - Beginning of Activity
  - Closing
  - Feedback
PROCEDURE/AGENDA

• Arrange transport from the centre to the destination point.
• Lunch at Lasania Restaurant
• Activities
• Interview with the Victims
• Drop off to their centre
INSTITUTE OF BUSINESS MANAGEMENT
How to get rid of depression in burn victims
Project Evaluation Form

Date: 9/11/2017

INSTITUTE OF BUSINESS MANAGEMENT
How to get rid of depression in burn victims
Project Evaluation Form

Name:

Instructions: Please indicate your level of agreement with the statements listed below.

1. Do you feel relaxed after therapy?
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

2. Do you find solution of your problems?
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

3. Do you feel happy after meeting the students of IOBM?
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

4. Do you have good memories of days spent with us?
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

5. Psychologist suggestions are helpful for you?
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

6. Do you feel your worries after whole activities?
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

7. Do you want us to spend time with you again?
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

8. The project objectives were met?
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree

9. How do you rate the project overall?
   - Excellent
   - Good
   - Average
   - Poor
   - Very Poor

10. Other comments?

THANK YOU FOR PARTICIPATION!
<table>
<thead>
<tr>
<th>S.NO</th>
<th>Question</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
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</thead>
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<td>1</td>
<td>Do you feel relaxed after therapy</td>
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<td>3</td>
<td>Do you feel happy after meeting the students of IOBM</td>
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<td>10%</td>
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<td>4</td>
<td>Do you have good memories of the day spend with us</td>
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<td>6</td>
<td>Do you forget your worries after whole activities</td>
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<td>8</td>
<td>The project objectives were meet</td>
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## Trend Analysis

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**How do you rate the project overall?**

- Excellent, 90%
- Average, 10%
- Poor, 0%
- Good, 10%
- Poor, 0%
Interview
For Participant

- Move forward with courage, remember your past but just for learning
- Life is so beautiful, only when, you love & give importance to yourselves.

For Community

- If you want a healthy society, develop a culture of accepting NO.
- Depression is for those who moves like running water.
SPECIAL THANKS

Dr. Asima Faisal